The meetings are non-smoking and handicap accessible. Meetings that are not handicap accessible are noted with "NHA".

CLOSED meetings are limited to members and prospective members, the ONLY requirement for membership is that there be a problem of alcoholism in a relative or friend.

OPEN meetings are for anyone interested in Al-Anon and/or learning about the family disease of alcoholism.

When two or more relatives or friends of alcoholics meet to solve their common problems, they may call themselves an Al-Anon family group, provided that, as a group, they are self-supporting and have no outside affiliation. A directory listing does not endorse any group or its practice of the traditional Al-Anon program. Alateen meetings consist of younger family members assisted by an Al-Anon sponsor.